Hand-washing technique
with soap and water

1. On my honor
2. I will do my best to do my duty
3. to God and my country
4. and to obey the Scout Law;
5. to help other people at all times;
6. to keep myself physically strong,
7. mentally awake,
8. and morally straight!
9. A Scout is trustworthy,
10. loyal, helpful, friendly,
11. courteous, kind, obedient,
12. cheerful, thrifty, brave,
13. CLEAN, and reverent!