

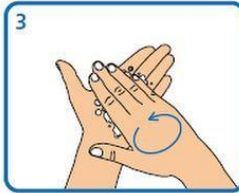
# Hand-washing technique with soap and water



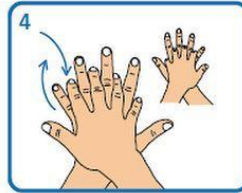
1  
On my honor



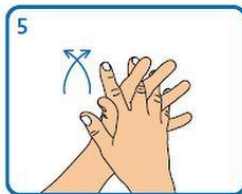
2  
I will do my best to do my duty



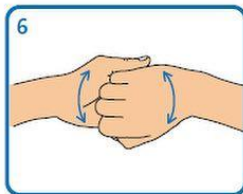
3  
to God and my country



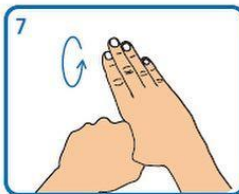
4  
and to obey the Scout Law;



5  
to help other people at all times;



6  
to keep myself physically strong,



7  
mentally awake,



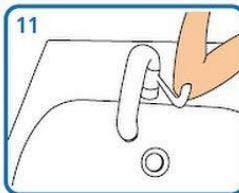
8  
and morally straight!



9  
A Scout is trustworthy,



10  
loyal, helpful, friendly,



11  
courteous, kind, obedient,



12  
cheerful, thrifty, brave,



13  
CLEAN, and reverent!

Adapted from National Health Service, who adapted from the World Health Organization **Guidelines on Hand Hygiene in Health Care**.  
Created under the Open Government License. See <http://www.nationalarchives.gov.uk/doc/open-government-licence/version/3/> for details